

## FIRST AID POLICY

Although it is not a legal requirement, registered members are required to hold a current first aid certificate. Self-employed therapists must hold a first aid certificate and have access to a first aid kit during working hours should an injury/illness occur.

All members should keep their own record of any events such as injuries or incidents that occur at work in accordance with RIDDOR (Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995).

For more information please see link <http://www.hse.gov.uk/firstaid/legislation.htm>.

### MINIMUM REQUIREMENT

A one day first aid course or an emergency first aid appointed person certificate is a standard requirement. First aid certificates are usually valid for 3 years.

If you hold a First Aid certificate but are unsure if it suits our criteria please scan a copy to the IFA head office and one of our friendly staff will be able to advise you if it is suitable.

### EXEMPTIONS

- You will be exempt if you provide professional treatments at a company that has a first aider on the premises during your working hours. Under the Health and Safety Regulations Act 1981 all employees must have access to first aid provisions and have a person on the premises that can perform first aid when required. All employers should conduct a risk assessment and have a certain amount of first aid providers and provisions per employee.
- Qualified nurses, medical professionals and GP's are also exempted from this requirement.

## FIRST AID PROVIDERS

Below we have collated a list of first aid providers who offer courses in various regions. Please check the various sites to get the most competitive price in your area.

- [ABC](#)
- [Advanced Safety Training Services](#)
- [Aid Training](#)
- [Auxiliary Medical Service](#) - Hong Kong
- [CBD College](#) - Australia
- [Chartered Institute of Environmental Health](#)
- [Direct First Aid](#)
- [First Aid 1](#)
- [First Aid International](#)
- [First Aid Training Associates](#)
- [First On Scene](#) \*Registered members receive 10% off
- [First Rescue](#)
- [Fleximed First Aid Training](#)
- [Focus Training](#)
- [Life Safety](#)
- [Medi Aid](#)
- [Nationwide First Aid](#)
- [Nuco Training](#)
- [QA \(Qualsafe Awards\)](#)
- [Rescue Emergency Care](#)
- [Skills Training Centre](#)
- [Some Training](#)
- [St Johns Ambulance](#)
- [Red Cross](#)
- [Reviva](#)

*NB: The IFA does not require you to attend any one training provider in particular.*

**For advice and the latest guidelines please visit:**

- [Book my course](#) (for first aid course content)
- [St Johns Ambulance](#) (First aid and health and safety training and equipment regulations for your workplace)